



SUGAR CANE FUN FACTS!

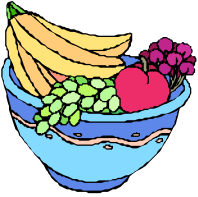
Did You Know?

Some people say that one teaspoon of sugar swallowed "dry" can cure the hiccups!



Sugar has no fat and is 100% natural.

You can put sugar water in a humming bird feeder to attract birds.



Some plants can make their own sugar— when a banana ripens, it changes starch into sugar, making it sweeter.

In 2001, scientists found sugar in outer space!



Sugar helps bread or doughnuts rise when they're baked.



Sugar is one of the oldest ingredients, dating back to 326 BC!



Sugar is an important source of carbohydrate—the body's main energy supply.

In 1493, Christopher Columbus took sugar cane to the Caribbean to grow.

Sugar comes from two sources: sugar cane (grass) that grows in stalks in sugar cane fields and beets (root) that grow underground.

Sugar cane stalks can reach 30 feet high!



Brown cane sugar is naturally brown through and through. Beet sugar is sprayed brown with cane molasses. Look on the label of your sugar package, if it doesn't say pure cane, it is probably beet sugar.

