

# CITRUS FRUIT FUN FACTS!

## Did You Know?



Citrus fruits (oranges, lemons, grapefruits and tangerines) need sunny days, cool nights and a little bit of wind to grow.

Citrus fruits of one variety or another are available from California and Arizona all year 'round.



There are two main types of lemons: Lisbon and Eureka. They look so much alike, sometimes experts can't tell them apart!



Vitamin C helps fight off colds, and just one orange will give you all the Vitamin C you need in a day!



Roll a room temperature lemon on the counter a few times to maximize the amount of juice.



All oranges contain something called "carotene" - that's what makes them orange.



Ever notice stickers with numbers on oranges or lemons? Those are "Product Lookup Codes," and help grocery store checkers ring up the right items.

The white portion just under the peel is called "albedo." It's packed with fiber and other nutrients!

Look for the best lemons to make delicious fresh lemonade!